

# Personal Disclosure Statements

## **Lisa Todd, LM**

I have been attending births since 2006. I am licensed by the state of California. My training has included my homebirth apprenticeship with Lara Sodergren, LM, an internship at the birth center called Casa de Nacimiento in El Paso, Texas, completion of the National Midwifery Institute didactic program, and intensive doula training.

I have assisted with water births, land births, VBACs, as well as smooth transports, and have advocated for the least amount of intervention on the occasions assistance is needed from the medical community. I am trained in neonatal resuscitation, CPR, and the art of helping a labor stay in the range of normal and safe, and also how to recognize when it is time to transport - as the safety of baby and the mother are paramount. I also practice homeopathy.

Birth teaches me constantly, humbles me consistently, and always amazes me. I feel it is an honor to be a part of a woman's birthing experience.

## **KathRyn Barry, LM**

I began attending births in 1998 and hold my California state license. I practice in Sonoma County. My training has included D.O.N.A. doula certification, Heart and Hands Midwifery Intensives, International School of Traditional Midwifery in Ashland Oregon, and I successfully took the licensing challenge exam through The National Midwifery Institute. I have served internships at Casa de Nacimiento birth center in El Paso, Texas and Sav La Mar Hospital in Jamaica. I completed a homebirth apprenticeship with Constance Miles, LM, CPM, RN and hold certifications in CPR, neonatal resuscitation and cranial sacral therapy. I am also an ayurvedic practitioner.

I have attended water births, land births and VBACs at home and have a respected relationship with local hospitals and staff that makes a transport to hospital an easier experience.

My first son was a homebirth transport to hospital the resulted in a C-section delivery. My second son was born at home with midwives. I believe midwifery requires me to be humble, to pay attention and to be present in each moment.

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At the core of midwifery care is the building of a two-way trusting relationship between provider and client. Care is tailored to the individual and clients are given all of the resources and information they need about tests and procedures, so they can make informed choices about their care and what is best for their families - thus going into the birth educated, empowered and responsible for their experience.

Care consists of monthly visits to 28 weeks, bi-monthly visits to 36 weeks, at that time we do a home visit and then weekly visits until delivery. We attend all births together. After the baby is born we do 1-day, 4-day and 7-10 day postpartum visits in your home, then 3 week and 6 week postpartum visits in the office.

We can be reached by phone or pager at all times if you have a question or concern about your pregnancy or newborn.